



<b>Event ID:</b>	122
<b>Event Title:</b>	Happiness Day
<b>Date:</b>	2025-11-19
<b>Department:</b>	DFIA Student Welfare

## PARTICIPANTS

Students Teaching Staff Student Welfare Committee Members

## EVENT SUMMARY

Happiness Day was organized to promote positive thinking, emotional well-being, and a supportive campus environment among students. Various activities and interactions encouraged joy, mutual respect, and stress relief. The programme helped improve student morale, strengthen peer relationships, and create a cheerful and inclusive atmosphere within the institution.

## SUGGESTIONS & RECOMMENDATIONS

Conduct Happiness Day activities periodically to support student well-being. Include interactive and team-based activities for greater participation. Invite motivational speakers or counselors when possible. Encourage student-led initiatives and creativity. Gather feedback to improve future student welfare programmes.