

# ACADEMIC EVENT REPORT



<b>Event ID:</b>	65
<b>Event Title:</b>	Happiness Day
<b>Date:</b>	2025-07-23
<b>Department:</b>	DFIA Student Welfare

## PARTICIPANTS

DFIA Students Faculty Members Student Welfare Committee Members

## EVENT SUMMARY

As part of the Monthly Programme, Happiness Day was conducted on 23 July 2025 by the DFIA Student Welfare Department. The programme focused on promoting mental well-being, positivity, and emotional balance among students. Various activities such as motivational talks, interactive sessions, and group discussions were organized. Students actively participated and expressed positive feedback. The programme helped in reducing academic stress and encouraged a friendly and supportive learning environment.

## SUGGESTIONS & RECOMMENDATIONS

Conduct similar happiness and well-being programmes continuously on a monthly basis